

Swim Wales Masters LC 2025 - 01/03/2025 to 02/03/2025

Wales National Pool, Swansea
Results - Session 3 - Warm Up 2.45 - 3.35

Event 304 Women 18-24 100 LC Meter Freestyle					Event 304 Women 35-39 100 LC Meter Freestyle				
1	Amelia Tucker	22	Swansea Mast	1:03.29	1	Laura Hibberd	35	Hillingdon	1:03.85
	30.08	33.21				30.92	32.93		
2	Eva Farmery	22	Clevedon	1:03.45	2	Sian Dallimore	39	Carm Masters	1:08.15
	30.34	33.11				32.39	35.76		
3	Emily Ezard	23	Bridgend SC	1:03.53	3	Victoria Hill	36	Welsh Ind	1:09.58
	29.79	33.74				33.77	35.81		
4	Marie Faulkner	20	Co Cardiff	1:04.73	4	Stephanie Baron	38	S D Trojan	1:10.68
	30.50	34.23				34.43	36.25		
5	Nicole Palmer-Jones	22	Bristol Nor	1:06.45	5	Fiona Conway	35	Loughborough	1:20.33
	31.83	34.62				38.29	42.04		
6	Arwen Teagle	24	Caerphilly	1:08.83	Event 304 Women 40-44 100 LC Meter Freestyle				
	33.44	35.39			1	Jennie Clarke	40	Woking	1:02.82
7	Cerys Vaisey	22	Abertillery	1:09.83		30.20	32.62		
	33.53	36.30			Event 304 Women 45-49 100 LC Meter Freestyle				
8	Annabel Lee	24	Bristol Nor	1:11.36	1	Sue Starr	47	Leic Peng	1:18.16
	33.72	37.64				36.99	41.17		
9	Keira Lee	20	Wrexham	1:20.40	Event 304 Women 50-54 100 LC Meter Freestyle				
	37.79	42.61			1	Kelly Clarke	53	G B Police	1:10.76
Event 304 Women 25-29 100 LC Meter Freestyle						34.00	36.76		
1	Alexandra Szuplewski	27	Cardiff Mast	1:01.93	2	Sarah Hyde	53	Cardiff Mast	1:19.54
	29.79	32.14				38.55	40.99		
2	Nadine James	27	Cardiff Mast	1:03.59	3	Kirsten McVey	52	ForestofDean	1:30.42
	30.77	32.82				42.21	48.21		
3	Faith Goodliffe	25	C Dolphins	1:06.42	4	Marina Nakano	52	Camden Swiss	1:37.57
	32.00	34.42				43.88	53.69		
4	Amelia Edmonds	26	Cardiff Mast	1:08.35	Event 304 Women 55-59 100 LC Meter Freestyle				
	32.90	35.45			1	Helen Sadler	55	Trafford Met	1:04.18
5	Rhian Jones	25	Cardiff Mast	1:09.21		31.01	33.17		
	32.89	36.32			2	Jeanne Petit	55	Psv Eindhoven	1:13.00
6	Mary Swallow	29	Co Sheffield	1:09.23		34.72	38.28		
	33.08	36.15			3	Adele Parham	58	Exe Masters	1:13.71
7	Alice Reeves-Turner	27	Woking	1:10.24		35.62	38.09		
	34.19	36.05			4	Helen Harris	59	Larkfield	1:16.33
8	Bryany Cornish	29	Loughborough	1:10.35		36.16	40.17		
	34.12	36.23			5	Elizabeth Shaw	59	Otter	1:17.18
9	Catherine Moore	26	Swansea Mast	1:14.67		37.05	40.13		
	36.03	38.64			6	Helen Andrews	59	S D Trojan	1:22.51
10	Rhiannon Vaisey	27	Abertillery	1:15.41		38.33	44.18		
	35.28	40.13			7	Emma France	57	Guildford Ct	1:37.78
11	Emma Gage	27	Cardiff Mast	1:18.13		46.85	50.93		
	37.05	41.08			Event 304 Women 60-64 100 LC Meter Freestyle				
12	Sinead Baker	26	Chirk	1:20.40	1	Wendy Mellett	62	Chirk	1:22.65
	38.03	42.37				37.27	45.38		
Event 304 Women 30-34 100 LC Meter Freestyle					2	Alice Childs	60	Hillingdon	1:25.62
1	Nia Skinner	32	Gloucester M	1:03.27		39.40	46.22		
	31.14	32.13			Event 304 Women 65-69 100 LC Meter Freestyle				
2	Hannah Palfrey	32	Cardiff Mast	1:04.41	1	Helen Kula-Przezowski	66	Devonport	1:14.42
	30.67	33.74				36.65	37.77		
3	Grace Robinson	31	Cardiff Mast	1:09.39	2	Catherine Hartle	67	Co Sheffield	1:25.40
	32.98	36.41				40.39	45.01		
4	Verity Cook	30	Swansea Mast	1:10.31	3	Julia Buchanan	68	Caldicot	1:29.90
	33.76	36.55				41.74	48.16		
5	Melissa Jones	30	Cardiff Mast	1:12.07	4	Christine Rose	69	Bristol Nor	1:32.21
	34.40	37.67				44.06	48.15		
6	Lianne Griffiths	31	Metro Pol	1:14.45	5	Sian Lewis	66	Welsh Ind	1:43.19
	34.39	40.06				45.25	57.94		

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1	Viv Jones	71	Seagulls SC	1:17.46
	36.65	40.81		
2	Jayne Stephenson	71	Gloucester M	1:23.79
	39.87	43.92		

Event 304 Women 75-79 100 LC Meter Freestyle

1	Alison Gwynn	77	Mid Sussex	1:29.44
	44.04	45.40		

Event 304 Women 80-84 100 LC Meter Freestyle

1	Diane Ford	82	Spencer	1:35.54
	44.28	51.26		